

# Green light for Option Four

Beefed up subway,  
LRT scenario preferred

By TIM WIECLAWSKI  
for Metro Ottawa

Call it Transit Option Four, Part Two:  
Bigger, Longer ... Better?

A marathon joint meeting of Ottawa's transportation and transit committees last night approved a transit plan based on the fourth option put forward by city staff: One that includes light rail lines running as far west as Kanata North and Stittsville, as far east as Trim Road, and into the community of Riverside South — but with conditions on that suburban expansion.

"What we heard from the consultations is people wanted more rail, more transit, sooner," said Mayor Larry O'Brien. "We approved a plan that extended rail east and west and south, tunnel-based, and we will now task staff to come up with an implementation plan based on Option Four to get this done."

The priority will be to complete transit corridors inside the Greenbelt first, before looking to expand rail lines, based on ridership and cost estimates, outside those areas. Any expansion would also be subject to the city having sufficient funding.

Coun. Marianne Wilkinson said completing the transit system inside the Greenbelt is strictly a matter of

## Option Four features

» The nearly \$4-billion transit plan includes: A downtown subway; Transitway conversion to light rail from Baseline to Blair stations; expansion of rapid bus service to outlying areas; and extending the O-Train to Bowesville Road.

securing funding. With enough money, she said, it could be mostly done within 10 years, with "a good chance" suburban rail lines will be built before 2031.

"The growth is going there," she said. "We've already got 43,000 jobs in Kanata. There's a lot of traffic going in both directions. These are areas that need service."

Staff will also study developing a secondary transit corridor, with street cars running along Carling

Avenue, Rideau Street and Montreal Road.

Staff will examine moving the south terminus of the north-south rail line to a more central location in the Riverside South community. Lyon Sachs, president of Urbandale Corp, the developers of the area, was pleased to see that considered.

"We can't do this without Option Four, so we've got to finish it off."

Council will vote on the plan May 28.

The committee rejected developing a backup plan suggested by Coun. Clive Doucet.

"If you put all your eggs in one basket, you are risking everything on one throw, when you don't have to and I don't understand that."

David Jeanes of Transport 2000 said Ottawa can't afford to shut down the existing O-Train for three years while it is rebuilt.

"We would never have designed a network like the one ... today because it has no resiliency for bottlenecks or failures whatsoever."

— tim.wieclawski@metronews.ca

## what do you think?

» Let us know by e-mailing us at ottawaletters@metronews.ca

» celeb buzz p.22

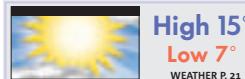
## war of words

Richards, Sheen  
continue  
back  
and  
forth  
battle



» entertainment p.18

Idol fans  
serve up  
Cook



High 15°  
Low 7°  
WEATHER p. 21



KAI PFAFFENBACH/REUTERS

## Stars shine for soccer champs

Dancers with star-shaped hats perform yesterday before the start of the UEFA Champions League final between Chelsea and Manchester United at Luzhniki stadium in Moscow. Man U edged Chelsea 6-5 in a penalty shootout to win the title. Story, page 10.



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# ottawa



Road closures will take effect on streets in downtown Ottawa, Vanier, St. Laurent and Mooney's Bay areas, as well as Gatineau, between 9 a.m. Friday to 6 p.m. on Sunday to accommodate the Ottawa Race Weekend participants and spectators.

SOURCE: OTTAWA RACE WEEKEND

# Cash flows for bus upgrades

Announcement made as fleet comes under fire

By TRACEY TONG  
and TIM WIECLAWSKI  
Metro Ottawa

The city learned yesterday it would receive \$12.3 million over 12 years to help renew and replace its aging buses — the same day the condition of OC Transpo's fleet came

under fire by the transit union.

The Ontario Bus Replacement Program was announced in the last budget, but Ottawa's share of the fund was revealed at the St. Laurent Bus Depot yesterday. Transportation Minister Jim Bradley said commuters could expect more comfortable rides on new, more accessible buses as Ottawa's share of funding begins to flow.

## busted buses?

» The ATU Local 279 report alleges that routine maintenance could have arrested much of the major corrosion problems that has seen the fleet of Orion 6 buses purchased in the late 1990s begin to rust out halfway through its life expectancy.

"I think we'll see a future movement towards public transit. The replacement of buses will make it even more attractive to use public transit," said Bradley.

According to a report yes-

terday by the Amalgamated Transit Union Local 279, new buses are needed. Maintenance on the ones Ottawa has, the union claims, has been neglected.

"Preventative mainte-

nance ... is now being ignored as mechanics spend the vast majority of their time focusing simply on patching together the number of buses needed for that day," the report — entitled A Transit System In Crisis! — concludes.

The provincial funding covers 33 per cent of the buses and bus improvements, leaving the city responsible for a two-thirds share.

The city will have 48 articulated buses, each at a cost of \$640,000, on the roads by September, said Jean-Yves Carrier, the city's manager of transit fleet engineering.

The city is also expected to put three double-decker buses and two diesel-electric hybrid buses on the road by the end of 2008.

"This is essential for the city of Ottawa," said Ottawa Centre MPP Yasir Naqvi.

## Union calls for transit overhaul

By TIM WIECLAWSKI  
Metro Ottawa

Responsibility for running OC Transpo should come in out of the rain under one umbrella, the union representing transit employees is suggesting.

With four major administrative branches now taking responsibility for various areas of transit service, Amalgamated Transit Union executive Randy Graham said yesterday council should restructure OC Transpo under a single branch of city management, or create a separate commission to manage it.

"It has to be brought under one umbrella. We don't necessarily care if it's changed to a commission or that it's brought to some form of umbrella under the city," Graham said. "Right now there is no one really accountable for the level of service to the people on the street."

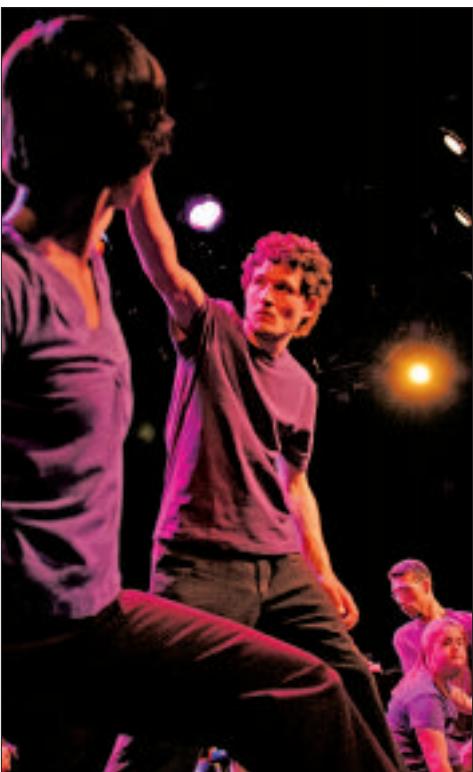
Graham said the bureau-

cratic overlap in the system has, for example, the director of transit services planning bus routes and managing drivers, yet having no control over the buses that operate on the routes, or the mechanics that fix them.

The situation in February, when OC Transpo was forced to reduce service because of a backlog in repairs and a shortage of trained drivers, was a good example of the inefficient system, Graham said.

In a document entitled A Transit System In Crisis!, the union takes aim at a range of issues. The document charges that OC Transpo's administrative structure has virtually excluded the union and individual employees from bringing forward grassroots ideas that could improve the system.

"The union submits that the present administrative structure simply is not working," the document says.



Propeller Dance performers, from left, Shara Weaver, Christopher Wheeler, Jessie Huggett and Robert Chartier, dance during a ceremony to announce a \$100,000 grant from the Ontario Trillium Foundation and to launch the group's website, propellerdance.com.

## Grant propels unique dance group's growth

By TIM WIECLAWSKI  
Metro Ottawa

Philippe Charbonneau's wheelchair has never foiled his lifelong love of dance.

Since being introduced to dance in elementary school, it's been his hobby. But after leaving high school, the 25-year-old had difficulty finding programs to accommodate him.

Then, more than two years ago, artistic directors Renata Soutter and Shara Weaver introduced him to the Propeller Dance group.

"I never knew there was a dance for us before," Charbonneau said. "I could do any move I want and I could enjoy every moment of it."

Charbonneau is now a member of the mixed-abilities Propeller performance group — Ontario's only all-inclusive dance group for people with and without disabilities.

Yesterday, the group announced a \$100,000 grant from the Ontario Trillium

Foundation to develop new works, teach new classes and build more inclusive dance programs.

The group accepted its grant from Ottawa-Vanier MPP Madeleine Meilleur and launched its propellerdance.com website at the National Arts Centre.

Renata Soutter, co-artistic director, said over the next two years they want to expand the program and make it more financially self-sufficient.

"We'd love to have a space. Right now we rent space and that's always a challenge for us," she said. "And we'd love to be invited to perform at contemporary dance festivals."

The group started in 2001 as a program for people with disabilities at the school of dance, but it formed an independent organization to expand the integrated dance groups.

Propeller will be performing on June 3 and 4 at the NAC.

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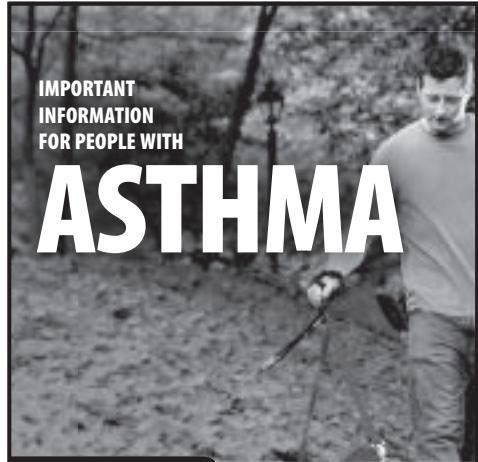
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»news  
In Brief

» **COLLISIONS** Three people suffered minor injuries in a head-on collision involving three cars in Gatineau yesterday. Two of the three cars hit each other head-on and two of the cars ended up in the ditch in the 7 a.m. collision at 507 St. Renee Boulevard. All three cars sustained damage. Police closed a section of St. Renee Blvd. and Labrosse Street to investigate. The roads reopened by 8 a.m.

» **TRAINING** A series of explosive disposal training scenarios by city police will be conducted in public areas around Ottawa over the weekend. No live explosives will be used, and signs will be posted around the affected area before and during training to advise the public that an exercise is taking place. City police are hosting a six-day international course with attendees from 26 countries here for training.

METRO OTTAWA



# Ottawa tops list of smartest people

Ties Victoria for top education rank in index

By TRACEY TONG  
Metro Ottawa

As a group, we're a bunch of smart cookies.

Ottawans top the list of the most educated people and the best learners in Canada, according to a new report on learning released yesterday.

Ottawa and Victoria, each with scores of 93, are this year's top performers among Canada's major cities (followed by Calgary and Gatineau at 92) on the Composite Learning Index — the world's only statistical index of lifelong learning, said the Canadian Council on Learning.

There are reasons why cities like Ottawa rank higher than others, said council CEO Paul Cappon. For one, at 57 per cent, Ottawa has the

highest proportion of university graduates in the country.

And thanks to the presence of several universities and federal government employees, the National Capital Region generally has a higher level of education, agreed uOttawa registrar Francois Chapleau.

« *It's not just learning inside the classroom, but outside as well. There's more access to culture and performing arts and media here.* »

Paul Cappon  
CEO of Learning Council

Ottawa also ranks high for learning professional skills and personal development, Cappon said.

“It's not just learning inside the classroom, but outside, as well,” he said. “There's more access to culture and performing arts and

media here.”

Ottawa leads a positive trend across the country that has seen Canada improve for the second year in a row on the index, driven by improvement in the areas of work-related learning and learning for personal development.

Cappon said that while Ottawa has a higher formal education rate than Gatineau, growth across the river is mainly driven by skills acquisition.

Gatineau also ranked in the top 10 most-improved cities in Canada, rising 4.8 points in the last year.

For 2008, the national average is 77, an increase of one point from 2007 and four points from the national benchmark of 73 set in 2006.

The Composite Learning Index reports results for 4,700 cities and communities across Canada.

— tracey.tong@metronews.ca

# IS YOUR HEALTH-CARE SYSTEM THERE FOR YOU WHEN YOU NEED IT?

**Accessible health care means people getting the right care at the right time in the right setting by the right provider.**

Ontario is meeting this goal in many respects. The Ontario Wait Times Strategy, for example, has successfully reduced wait times for cataract surgery (down from 311 to 118 days), knee replacements (from 440 to 253 days), hip replacements (351 to 198 days) and cancer surgeries (81 to 57 days).

But access to other parts of our health-care system still needs improvement:

- **Access to family doctors:** over 60% of Ontarians say they can't get to see their doctor within two days of becoming sick; 42% feel they don't get to spend enough time with their doctor; and 39% say they aren't always told about treatment options and involved in decisions about their treatment.
- **Finding a family doctor:** while over 90% of Ontarians have a family doctor the percentage is lower in some parts of the province and for new immigrants. About 400,000 Ontarians want a doctor, have tried to find one, but can't. Meanwhile, only about 10% of family doctors are taking new patients, down from 40% seven years ago.
- **MRI scans:** despite a near doubling of MRIs, wait times haven't gone down significantly. As the supply of scans goes up, so too does the demand for them.

## What can you do?

The Ontario Health Quality Council discusses these important issues and more in their 2008 report, now available at [www.ohqc.ca](http://www.ohqc.ca). Please visit our website to learn more.



The Ontario Health Quality Council is an independent agency funded by the Government of Ontario through the Ministry of Health and Long-Term Care. The Council reports directly to Ontarians on access to publicly funded health services, human resources in health care, consumer and population health status, outcomes of the health system. The Council also has a mandate to support quality improvement in the health-care system.



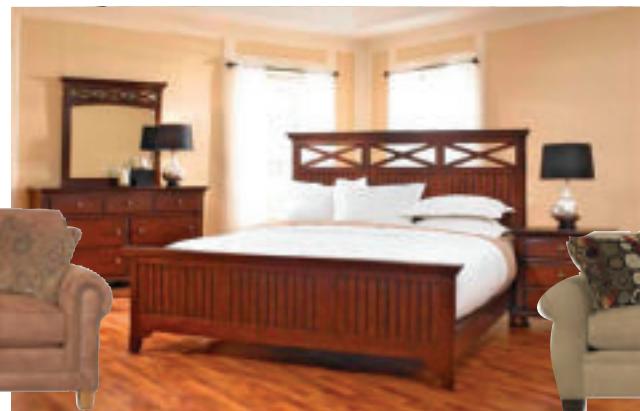
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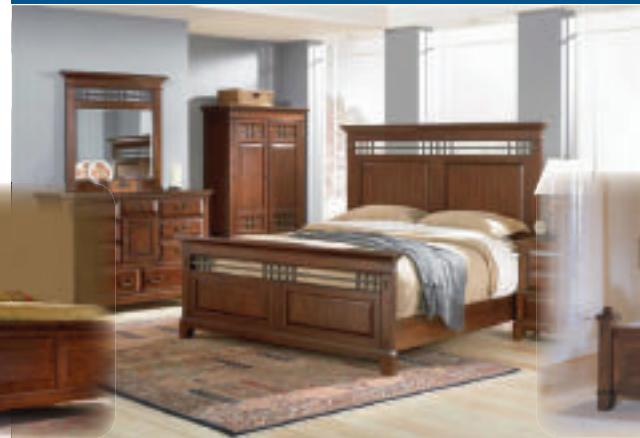


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Liberal Leader Stéphane Dion's approval rating has sunk to its lowest level yet, with nine of 10 Canadians saying they disapprove or are not sure of his performance at the head of the party, according to the latest Torstar/Angus Reid opinion poll.

TORSTAR NEWS SERVICE

## Deserter told to leave

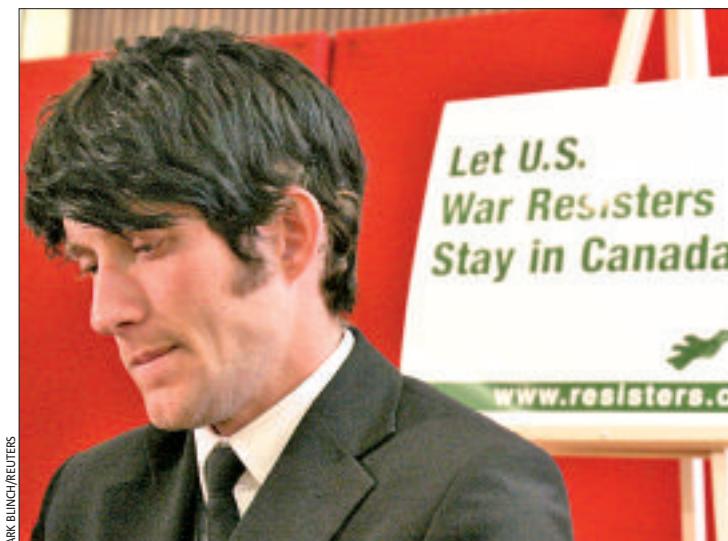
U.S. soldier served in Iraq before fleeing to Canada

After a 22-month battle to earn a home in Toronto, a former American soldier was told yesterday he will become the first Iraq War resister to be deported from Canadian soil after his application to stay in the country was rejected.

A dejected Corey Glass, 25, stared blankly at the floor of a tiny room in a Toronto church as members of the War Resisters Support Campaign informed media and other American war resisters of his failed bid to remain in the country and the consequences he now faces.

"He's supposed to leave on his own by June 12," said the group's co-ordinator, Lee Zaslofsky, who came to Canada after fleeing enlistment in the American military during the Vietnam War. "After that, he's subject to deportation."

The rejection, Zaslofsky said, was based on a failed pre-removal risk assessment by Citizenship and Immigration Canada, which found that, if removed from the country, Glass would not be at immediate risk of death, torture, or cruel or unusual treatment or punishment.



Corey Glass, 25, a U.S. soldier who fought in Iraq before deserting and coming to Canada, speaks to the media in Toronto yesterday.

The potential consequence is unclear; past deserters who have returned to the U.S. have received punishments ranging from a dishonourable discharge to jail time in a military prison.

This first rejection could be a chilling sign of things to come for at least nine other war resisters who have requested a pre-removal risk assessment, Zaslofsky said, and could shut the door to other war resisters' attempts to find

a home in Canada.

An Indiana native, Glass' tenure with the military began in 2002 when he joined the National Guard to complete "humanitarian work" within the United States, he said. At that time, he had no idea he would end up fighting on foreign shores.

"When I joined the National Guard, they told me the only way I would be in combat was if there were troops occupying the United States," he

said. "I signed up to defend people and do humanitarian work filling sandbags if there was a hurricane. ... I should have been in New Orleans, not Iraq."

When he was deployed to Iraq in 2005, Glass said he tried to quit the military and was returned home on a leave later that same year. He then went AWOL for eight months before defecting to Toronto in August 2006.

TORSTAR NEWS SERVICE

### death

#### Guards ignored pleas: Watchdog

**INMATE** Four veteran prison guards at an Ontario jail stood by as native inmate Martin Blackwind, 52, bled to death Oct. 3, 2006, from a self-inflicted wound and were docked only 10 to 20 days' pay, says a new report.

The investigation shows staff offered no assistance despite Blackwind's pleas for help. Paramedics could not revive him. Correction watchdog Howard Sapers concluded the wound likely would not have been fatal if it had been attended to.

The Union of Canadian Correctional Officers said nothing supports allegations of discrimination or that guards failed to do their job.

TORSTAR NEWS SERVICE

## Ottawa wasting cash: Official

Ottawa is wasting taxpayer dollars and providing a target for identity thieves by forcing the province to create its own citizenship database for enhanced drivers' licences, Ontario's privacy watchdog says.

Information and Privacy Commissioner Ann Cavoukian has urged Ottawa to reconsider this "no-brainer" and give Ontario access to ex-

isting federal citizenship information.

Ontario, like some other provinces, is developing a high-tech drivers' licence, which will include citizenship information, as an alternative to passports when driving into the U.S.

"Don't ask us to recreate this information. It would pose enormous risks in terms

of inaccuracy, the potential of identity theft (by) creating a new database of very sensitive information, not to mention waste of efficiency and taxpayer dollars. Why would we do this?" Cavoukian said yesterday when she released her annual report.

"It's almost like a make-work project," she said.

TORSTAR NEWS SERVICE

### »news In Brief

**KHADR** U.S. military doctors drafted policies recommending detainees under the age of 18 be kept out of Guantanamo Bay or receive special treatment to "minimize psychological, emotional and physical harm" at a time when Canadian Omar Khadr was interrogated

and held among adult detainees, a newly disclosed document reveals.

**POLITICS** Prime Minister Stephen Harper yesterday slammed Liberal Leader Stephane Dion's proposal for a carbon tax to reduce greenhouse gas emissions,

calling it a "foolish" move at a time of soaring energy prices.

**ABORTION** Canada's abortion rate fell by 3.2 per cent overall in 2005, Statistics Canada reported yesterday, with teen abortions down by nearly 6 per cent.

METRO NEWS SERVICES

## Tougher label rules proposed

Prime Minister Stephen Harper is proposing tougher food labelling guidelines at a time of growing concern that unknown, potentially hazardous ingredients from abroad are finding their way into the products on Canada's store shelves.

### new system

» Under the initiative, "all or virtually all" of the ingredients in "Product of Canada" items would have to be Canadian, with the only exception being spices or minor additives not available here. Other Canadian-produced foods would be labelled either "Made in Canada from domestic and imported ingredients" or "Made in Canada from imported ingredients."

additives and ingredients produced in foreign countries are kept out of items carrying the "Product of Canada" sticker.

Current rules allow use of that label or "Made In Canada" even if a substantial portion of the product — up to

TORSTAR NEWS SERVICE

### Autism Raising money



Jonathan Howard laces up his sneakers at Province House yesterday in Halifax. Howard, 24, a Mississauga, Ont., native, is running across Canada to raise money for autism. His goal is to raise \$2.5 million.

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# world



Police in Kazakhstan have arrested the editor of a newspaper called "Anti-corruption newsletter" on charges of bribing one of its officers. Police accuse the editor, Tokbergen Abiyev, of paying \$2,000 to obtain compromising information about judges.

REUTERS

## UN chief to meet Burmese leader

Focus on saving lives, not politics, says Ban Ki-moon

United Nations chief Ban Ki-moon began a mission yesterday for Myanmar's cyclone victims, saying "our focus now is on saving lives," as the military government gave approval for the first foreign helicopters to distribute aid.

The UN Secretary-General said relief workers had so far been able to reach only a quarter of those in need among an estimated 2.4 million people made destitute by the May 2 storm and sea surge that left nearly 134,000 dead or missing.

"We must do our utmost for the people of Myanmar," Ban said when he arrived in the Thai capital of Bangkok

### astrologer apologizes

Myanmar astrologer Myint Lwin is upset because he failed to see Cyclone Nargis coming. "Many people died, so I'm very sorry," Myint Lwin said. "I'll try hard to research for 2009." Astrologists are highly regarded in Burmese culture.

before travelling to Myanmar today. "Aid in Myanmar should not be politicized. Our focus now is on saving lives."

The United Nations and

the Association of Southeast Asian Nations (ASEAN), of which Myanmar is a member, are to convene a donors' pledging conference in Yangon on Sunday.

gon on Sunday.

The government wants more than \$11 billion in aid, but international donors need access to verify the needs, ASEAN Secretary-General Surin Pitsuwan told Reuters in an interview.

"Accessibility is important to guarantee confidence and verify the damage and needs, otherwise confidence during pledging will be affected,"

Surin said on a visit to Yangon.

Ban said he would meet the military government's Senior General Than Shwe tomorrow.

Than Shwe, who took two weeks after the disaster to meet victims and see the destruction for himself, had declined to take Ban's phone calls earlier in the relief effort.

REUTERS

### Portugal Sand park



HUGO CORREIA/REUTERS

A sculptor works at a sand park exhibition yesterday in Pera, Portugal. More than 60 sculptors created a park with sand sculptures of well-known Hollywood films and characters. The park will be inaugurated today.

### Obama takes aim at McCain

Barack Obama sounded like the probable Democratic presidential nominee on a visit to the November election battleground of Florida yesterday, praising rival Hillary Clinton and focusing his criticism on Republican foe John McCain.



campaign and calling him a new version of President Bush.

Ten years ago, he said, McCain introduced a bill to ban candidates from paying registered lobbyists. "John McCain then would be pretty disappointed with John McCain now, because he hired some of the biggest lobbyists in Washington to run his campaign," he said.

A Reuters/Zogby poll showed Obama opening an 8-point national lead on McCain as the two geared up for their likely battle for the White House.

REUTERS

### Israel, Syria reveal peace talks

Turkey mediates between nations at war for 60 years

Israel and Syria said yesterday they had begun indirect peace talks mediated by Turkey, the first confirmation of negotiations between the long-time enemies in eight years.

In coordinated statements, Israel and Syria said they had begun an open dialogue with the aim of a comprehensive peace. Turkey said delegations of both countries, officially at war since Israel's creation 60 years ago, were already in Istanbul.

The United States said it did "not object," but repeated its criticism of Syria's "support of terrorism" — a reminder for many analysts that

U.S. hostility to Damascus, and to its Iranian and Lebanese Hezbollah allies, makes a Syria-Israel deal unlikely before President George W. Bush steps down in January.

Israeli Prime Minister Ehud Olmert said the process would be long, complex and could end in "difficult concessions" for Israel — an apparent reference to his willingness to

hand back the Golan Heights.

"It's always better to talk than shoot," Olmert said, without spelling out what concessions he was thinking of. Just eight months ago, Israeli jets bombed what U.S. officials have called a North Korean-designed nuclear facility in Syria.

An Israeli statement, echoed by one from Syria, said the two sides would now "conduct dialogue in a serious and continuous manner with the aim of reaching a comprehensive peace."

REUTERS

« It's always better to talk than shoot. »

Israeli Prime Minister Ehud Olmert

### China probes construction companies

China vowed yesterday to deal severely with anyone found responsible for shoddy state building work, as parents demanded to know why last week's earthquake destroyed so many schools, killing thousands of children.

Chinese official Li Rongrong

Hundreds of distraught relatives placed wreaths along the road leading to Fuxing primary school in Wufu, where at least 127 children were crushed to death. They hoisted a banner reading, "The children did not die of a natural disaster, but of an unsafe building."

Li Rongrong, who heads the state-owned Assets Supervision and Administration Commission and is in charge of overseeing China's huge state sector, told a Beijing news conference that generally construction companies under him were very good.

But he added: "If these buildings (which collapsed) were built by major state-owned firms, we will take severe measures."

REUTERS

### Deal struck to end Lebanese conflict

Rival Lebanese leaders signed a deal yesterday to end 18 months of political conflict that had threatened to push the country to a new civil war.

The agreement, reached after six days of Arab-mediated talks, also paved the way for the election of a new president.

Parliament will convene on Sunday to elect army chief General Michel Suleiman as head of state, aides to Parliament Speaker Nabil Berri told Reuters in Qatar, where the feuding sides signed the accord.

The agreement between



Lebanese people release white balloons yesterday in Martyr's Square in Central Beirut to celebrate the agreement.

the U.S.-backed ruling coalition and the Hezbollah-led opposition resolved a dispute over a law for holding 2009

parliamentary elections and met the opposition's long-standing demand for veto power in cabinet.

REUTERS

### »news In Brief

» **SUPERNova** Excited astronomers said yesterday they had, for the first time, caught a supernova on camera just as it was exploding, and they may now learn how to spot others. By luck, they spotted a burst of X-rays while looking at another part of a

distant galaxy, and managed to turn a variety of telescopes in the right direction just in time.

» **SWEDEN** Swedish police detained two men on suspicion of planning to sabotage a nuclear power station yesterday after one of them was

discovered entering it with small amounts of a highly explosive material. Police said both were contract workers and one of them was previously known to police.

» **KENYA** A mob has burned to death at least 11 people

accused of witchcraft in west Kenya, police said yesterday. Traditional African beliefs, Christianity and Islam co-exist peacefully in Kenya, but there is widespread suspicion of sorcery, especially in west Kenya.

REUTERS

# business

Dollar		Oil
0.79¢	C\$ 101.62CUS U.S.\$ 98.41¢	\$133.17US \$4.19

## Inflation up 1.7%

Gas, bakery goods up 11.6% and 10.4% over year

Sticker shock at the pumps, and to some extent the bakery aisles, caused consumer prices to accelerate for the first time in five months in April, and experts are already predicting it could get worse.

Economists warn that the inflation report from Statistics Canada yesterday is an early sign that consumers are starting to be hit by soaring



### Reaction from feds

» Prime Minister Harper said the inflation spike was limited to some products and to Western Canada, the heart of Canada's booming energy sector. "... Inflation is still by historical standards very, very low in this country," he said. **REUTERS**

energy costs and rising pressure on food prices despite the cushioning effect of a higher dollar. The report also cast doubt on the scope of further interest-rate cuts by the Bank of Canada.

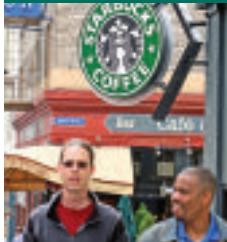
The consumer price index increased 1.7 per cent between April 2007 and April

2008, surpassing the 1.4 per cent consensus forecast.

Gasoline was fingered as the main culprit. StatsCan said gas prices rose 11.6 per cent year over year. Prices for bakery products jumped 10.4 per cent, marking the "steepest rise" since late 1981.

**TORSTAR NEWS SERVICE**

### 40 stores



### Starbucks to buy out two licensees

**CANADA** Starbucks Corp. subsidiary Starbucks Coffee Canada Inc. said yesterday it has struck a deal to buy about 40 stores and other assets from two licensees — Coffee Vision Inc. and Coffee Vision Atlantic Inc. — in Quebec and Atlantic Canada.

Starbucks said it would convert the licensees' stores to company-operated outlets and buy full development and operation rights for future retail stores in the provinces now controlled by the licensees.

**REUTERS**

## Air Canada sees fuel costs hurting air travel

High fuel prices that are consuming a growing proportion of income at Air Canada will likely hurt demand for air travel, the airline's chief executive said yesterday.

Montie Brewer, Air Canada's president and CEO, said the country's biggest airline is pushing ahead with plans to use newer, more fuel-efficient aircraft. Air Canada also plans to

### higher and higher

» In the first quarter, Air Canada's fuel expenses rose 22 per cent to \$715 million from \$585 million a year earlier. Fuel costs are now roughly twice what is spent on wages and salaries.

starting charging customers a fee for a second checked bag on certain North American flights.

**REUTERS**



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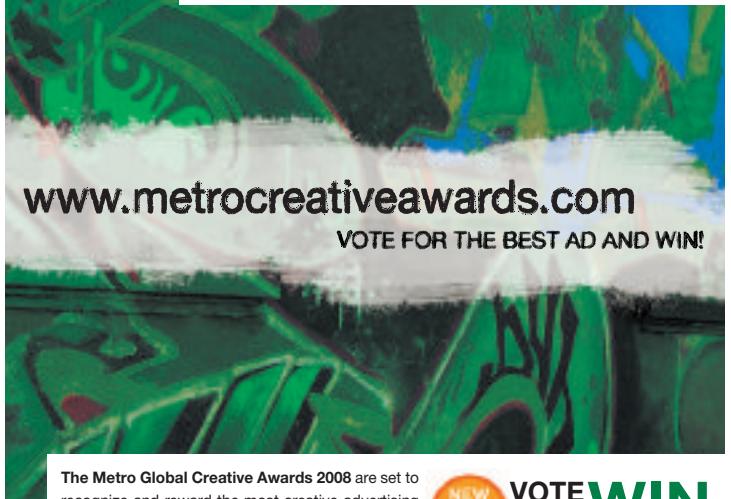
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# sports



Veteran forward Jeremy Roenick, left, agreed to terms on a one-year contract with the San Jose Sharks yesterday. Roenick had 14 goals and 33 points in 69 games for the Sharks last season.

METRO NEWS SERVICES

## Ski jumpers sue for 2010 spot

Female athletes claim unfair discrimination

A coalition of international women ski jumpers filed suit in Canada yesterday challenging their exclusion from the 2010 Winter Olympics in Vancouver.

The lawsuit against the Vancouver Organizing Committee argues that the women from Europe and North America have been discriminated against because the Games allow only men's ski jumping.

"The failure to include women's ski jumping events in the Games violates every woman's right to equal benefit under the law," according to the lawsuit filed in British Columbia Supreme

Court in Vancouver.

Nearly all Olympic sports have both a men's and women's event, but the International Olympic Committee always has exempted ski jumping to let it be a male-only competition.

IOC President Jacques Rogge said in February that only 80 women were competing in the sport, far fewer than for other Olympic sports, and including it in the 2010 Games would dilute the value of medals won in other events.

The women's supporters argue they meet all the technical requirements to qualify, and accuse opponents of being sexist and unwilling to force male ski jumpers to share potential sponsor-

ship money athletes get from being part of the Games.

The Vancouver Organizing Committee said it could not comment on the lawsuit, but noted that only the IOC had the authority to decide what events were held at the Winter and Summer Games.

"We have no vote in this," committee chief executive John Furlong said.

Furlong said the committee did tell the IOC that if it decided to include the women's event the local organizers would make sure they were ready to handle it.

But the Vancouver committee officials also warned that the competition



## Van Koeverden blasts Stojko for boycott talk

Kayaker critical of 'ridiculous' notion

Olympic kayaking champion Adam Van Koeverden is peeved at former figure skating star Elvis Stojko's recent remarks that athletes should "think twice" before going to the Beijing Games.

Van Koeverden, speaking yesterday at a media day at the Burloak Canoe Club in Oakville where he trains, didn't pull any punches when asked about comments Stojko

made at a rally in Toronto last weekend protesting China's human rights record. He called them "ridiculous."

"I just think if these were his Olympics, he would probably have moderated his comments a little bit more," said Van Koeverden. "I respect him. I respect his comments. Like I said, everybody has a right to their opinion."

"But I question whether or not that would be his opinion if he was on his way to get his gold medal — especially after two silvers."

TORSTAR NEWS SERVICE



MICHAEL STEELE/GETTY IMAGES

Rio Ferdinand and Ryan Giggs, second from right, of Manchester United lift the trophy following their team's 6-5 victory over Premiership rivals Chelsea in the penalty shootout during the UEFA Champions League final yesterday in Moscow. It is the team's third European Cup title.

## Man U delivers double

Premier League winners claim Champions title

### MANCHESTER UNITED 1 CHELSEA 1 (6-5)

Manchester United were crowned kings of Europe for the third time yesterday when they beat Chelsea 6-5 on penalties after a breathless all-English Champions League final had finished 1-1 after extra time.

United's 37-year-old goalkeeper Edwin van der Sar, appearing in his third final 13

years after his first with Ajax Amsterdam, saved the decisive spot kick from substitute Nicolas Anelka.

The victory completed a famous double for the Old Trafford team, which edged Chelsea for the Premier League title 10 days ago.

It was an emotional triumph for United, coming 50 years after the Munich air disaster, and there was a huge cheer for one of the survivors, Bobby Charlton, when he joined the team at the presentation of the trophy he lifted in 1968 before Alex Ferguson led the team to

a second success in 1999.

"We've had fate on our side all season and I felt that fate played its hand with John Terry slipping," Ferguson said of the Chelsea captain's key penalty miss.

It was a heartbreak night for Terry, who had the chance to take the trophy to Stamford Bridge for the first time but sent what would have been the winning penalty against the outside of the post.

Cristiano Ronaldo scored the first-half opener for Man U, while Frank Lampard had the equalizer.

REUTERS

### SCOREBOARD

#### NHL

##### STANLEY CUP FINAL PITTSBURGH VS. DETROIT

Game 1 — Saturday  
Pittsburgh at Detroit, 8  
Game 2 — Monday  
Pittsburgh at Detroit, 8  
Game 3 — Wednesday, May 28  
Detroit at Pittsburgh, 8  
Game 4 — Saturday, May 31  
Detroit at Pittsburgh, 8  
Game 5 — Monday, June 2  
Pittsburgh at Detroit, 8  
Game 6 — Wednesday, June 4  
Detroit at Pittsburgh, 8  
Game 7 — Saturday, June 7  
Pittsburgh at Detroit, 8  
(\* if necessary)

#### NBA

##### CONFERENCE FINALS EASTERN CONFERENCE BOSTON VS. DETROIT

Game 1 — Tuesday  
Boston 88 Detroit 79  
Game 2 — Tonight  
Detroit at Boston, 8:30  
Game 3 — Saturday  
Boston at Detroit, 8:30  
Game 4 — Monday  
Boston at Detroit, 8:30  
Game 5 — Wednesday, May 28  
Detroit at Boston, 8:30  
Game 6 — Friday, May 30  
Boston at Detroit, 8:30  
Game 7 — Sunday, June 1  
Detroit at Boston, 8:30  
(Boston leads series 1-0)

#### WESTERN CONFERENCE

##### L.A. LAKERS VS. SAN ANTONIO

Game 1 — Last night  
San Antonio at L.A. Lakers, 9  
Game 2 — Tomorrow  
San Antonio at L.A. Lakers, 9  
Game 3 — Sunday  
L.A. Lakers at San Antonio, 8:30  
Game 4 — Tuesday  
L.A. Lakers at San Antonio, 9  
Game 5 — Thursday, May 29  
Game 6 — Saturday, May 31  
L.A. Lakers at San Antonio, 8:30  
Game 7 — Monday, June 2  
San Antonio at L.A. Lakers, 9  
(\* if necessary)

#### MLB

##### YESTERDAY'S RESULTS

##### AMERICAN LEAGUE

##### OAKLAND 9 TAMPA BAY 1

Detroit 9 Seattle 4  
Boston 6 Kansas City 3  
N.Y. Yankees 9 Baltimore 0

##### DETROIT 7 CLEVELAND 2

Chicago W. Sox 7 Cleveland 2  
Texas 10 Minnesota 1

##### NATIONAL LEAGUE

##### SAN FRANCISCO 3 COLORADO 2 (10 INGS)

Milwaukee 4 Pittsburgh 1  
Atlanta 11 N.Y. Mets 4

##### PHILADELPHIA 12 WASHINGTON 2

Florida 3 Arizona 1  
Philadelphia 12 Washington 2

##### ST. LOUIS 5 CHICAGO CUBS 3

St. Louis at San Diego  
Cincinnati at L.A. Dodgers

##### TODAY'S GAMES

##### AMERICAN LEAGUE

##### SEATTLE AT DETROIT, 1:05

Texas at Minnesota, 1:10

#### MEMORIAL CUP

##### SCHEDULE AND SCORES FOR THE CANADIAN HOCKEY LEAGUE CHAMPIONSHIP IN KITCHENER:

##### ROUND-ROBIN

##### LAST NIGHT

##### BELLEVILLE 4 KITCHENER 3 (OT)

##### SEMIFINAL

##### TOMORROW

##### KITCHENER VS. BELLEVILLE, 7

##### FINAL

##### SUNDAY

##### SPokane vs. semifinal winner, 7

##### LOTTERIES

##### Lotto 6/49

3, 4, 7, 19, 28

8, 32, Bonus 6.

##### ONTARIO 49

3, 16, 17, 22, 28

34, Bonus 6.

##### ONTARIO PICK 3

7, 6, 5

##### ONTARIO PICK 4

8, 0, 6, 4

##### ENCORE

7996958

##### DAILY KENO

1, 2, 5, 9, 12,

25, 29, 31, 34, 35,

41, 42, 45, 47, 56,

59, 61, 63, 65, 66.

Results not official



### hockey

Bulls charge to overtime victory

**PLAYOFFS** K e a t o n Turkiewicz scored 8:55 into overtime to give the Belleville Bulls a 4-3 victory over the host Kitchener Rangers last night at the Memorial Cup.

The two teams will face off again tomorrow night in the semifinal game, with the winner facing the Spokane Chiefs in Sunday's final.

### MLB

Pedro leaves Mets to be with ill father

**FAMILY** New York Mets pitcher Pedro Martinez has left the team to be with his ailing father in the Dominican Republic.

Martinez has been working to recover from a strained left hamstring and there were indications that he could be ready to rejoin the Mets by early June, but his family issues could delay his return.

### NBA

Raptors duo go under the knife

**INJURIES** Toronto Raptors guard Anthony Parker and forward Andrea Bargnani each underwent surgery yesterday.

Parker's surgery was to repair a tendon on the middle finger of his right hand, while Bargnani had a procedure that removed his adenoids and repaired a deviated septum. Both players are expected to be fine in time for training camp.

### tennis

Venus to play in 1st Rogers Cup

**DEBUT** World No. 8 Venus Williams confirmed her participation yesterday in this summer's Rogers Cup in Montreal.

The 28-year-old has never played in the event, which alternates between Toronto and Montreal. The year's tournament will be held from July 26 to Aug. 3.

METRO NEWS SERVICES



A new global culture is being created, according to an IDC Canada report. It is a culture based on using technology in common ways.

SOURCE: IDC CANADA

# Super-connected society emerging



**TECH NOW**  
**PAUL BRENT**  
**technow@ctv.ca**

**T**he concept of a new global culture is part of a report done by IDC Canada and commissioned by Nortel in which 2,400 working adults in 17 nations were asked about the technology they use.

The report provides a glimpse of a new kind of person, who crosses all borders and all cultures and is driven by tech.

Sixteen per cent fall into the super-connected category. These people use

at least seven devices — i.e., a laptop, cell phone, desktop computer, GPS unit — and they use at least nine applications, such as Facebook, Skype, Second Life, blogs or Twitter.

Is this sounding like your life?

Another 36 per cent are just a few steps behind the super-connected. For over a year now, Nortel has taken the marketing position that the world is moving to hyper connectivity. They wanted IDC to do some research and John Roese, Nortel's CTO, says the results show it's happening even faster than expected.

Most of the super-connected are in China, with high numbers also found in the United States and



Thirty-five per cent of those questioned feel technology helps them balance work and home life; 21 per cent said it makes the balance more difficult.

Russia, Canada — which likes to think of itself as a wired nation — tied for last place with the United Arab Emirates in terms of how much we actually use the technology.

Most of the super-users are under the age of 35 and the study says that as the next generation — one

that grew up with tech — enters the workplace, they'll want all the tools they know and love.

Thirty-five per cent of those questioned feel technology helps them balance work and home life; 21 per cent said it makes the balance more difficult.

Overall, the study concluded that the technology is blurring the line between work and home. IDC senior VP Vito Marbrucco told me there is no indication that we have reached the limit on how much technology we can handle.

What this means for employers is that they have to look hard at implementing the latest telecomm tech or they may find potential new employees looking elsewhere.

Is this just marketing hype? IDC stands by the credibility of the study, but the survey certainly plays to Nortel's strengths. The report goes as far as suggesting companies need to buy what Nortel is offering in order to be successful.

At the same time the report is a quick and direct summary of many of the key issues now swirling in the tech world, for both users and for companies.

## PAUL'S WEBSITE OF THE WEEK: [dipity.com](http://dipity.com)

This site allows you to build timelines of events in your life, complete with images, video and text. The newest wrinkle, timelines combined with YouTube videos.

» This Sunday one of the stories on TECH NOW will be from India where they are dealing with the rising cost of doing business. And don't forget to check our website, [ctvottawa.ca](http://ctvottawa.ca).

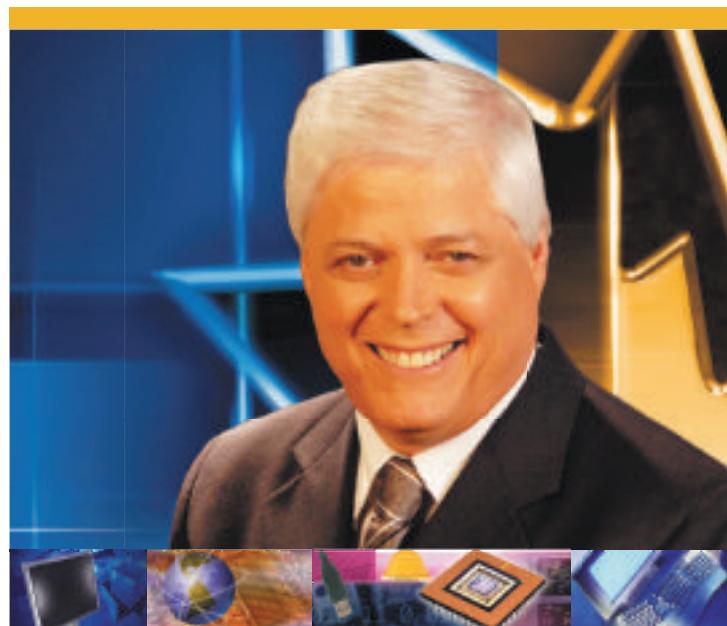
Paul Brent hosts Tech Now every Sunday as part of CTV Ottawa's News at 6 p.m. Tech Now looks at the Capital's technology sector along with the global industry.

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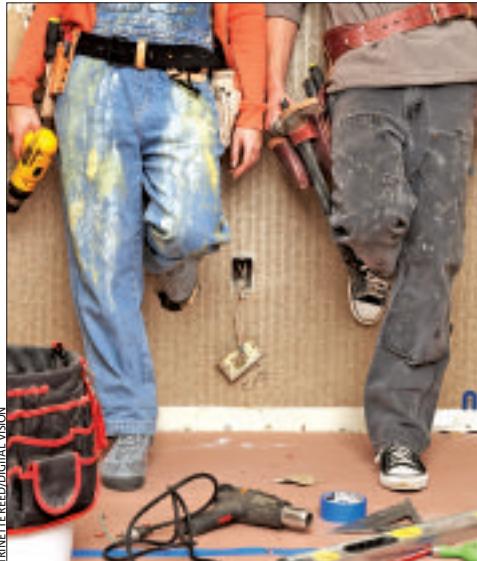
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**CTV**  
**NEWS**

Thursday, May 22, 2008



TRINIE REED/DIGITAL VISION



SYLVIA PUTZ/FOR METRO OTTAWA

Sylvia Putz stands on her terrace; there is still lots of work to be done, but she hopes to be barbecuing by mid-summer.

# Renovation revelations

Advance planning can build upon perfect home addition

By SYLVIA PUTZ  
for Metro Ottawa

**O**ur family is in the enviable position of being on the almost-finished side of a large addition and interior renovation. And overall, the reno was an incredible adventure for the family — one that we had dreamed about for years. We ended up with a gorgeous house that fits us like a glove. What could be better?

Well, getting there was not always as smooth as we wished. The process was actually fun most of the time, but in the final analysis,

we realized that some of our mistakes ended up costing us a lot of extra cash.

In a nutshell, most of our mistakes were largely the result of not planning enough. For those of you contemplating doing a reno, here is our advice, straight from the school of hard knocks.

» Make changes during the planning stage, not the construction stage. Paul Catania of Verly Construction, the head of the company

that managed our renovation, puts it plainly: "If it's well planned, and you work through the model at an early stage, you're set. Four months

of doing that would have saved six months of work later on."

» Our architect Tony D'Andrea of Torplan Consultants Inc. agrees. "One of the biggest problems is that people don't give themselves enough time — give yourself at least six months for planning, and six to eight months for construction."

He emphasizes that the planning must be thorough — including reviewing every aspect of the plan, city permit requirements, parking issues, and a myriad of other details.

» In our case, one of the things that we did wrong was to have hired an

interior designer after drywall walls and ceilings were already in place. "It's a lot easier when you make changes before the drywall goes up," notes our on-site contractor Joe Rego, owner of Rego Contracting.

» Make decisions about precisely which fixtures and furniture you will buy as early as you can because the exact measurements of these items will dictate where switches, outlets and plumbing will be placed. Lina Pelaez, our construction coordinator from Verly Construction, notes wryly that these types of decisions should be made before she calls in the trades.

» Be realistic. If you are combining old and new parts of a house during a renovation, budget for uniformity. Don't leave the old part as is, along-

side a completely new renovation.

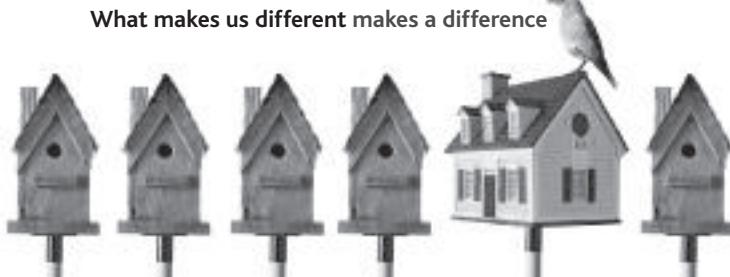
» Our assumptions that we would stay in the house for the duration of the renovation became ridiculous once renovation started in the old part. Joe sums it up succinctly: "With a large reno, move out. That way the contractor has to opportunity to work everywhere, inside and out."

» He also advises that the construction site be emptied for a large project. Ours wasn't. "Freedom of movement makes a big difference in construction — it takes triple the time to move stuff up and down the stairs, and back again, and things are missed" when furniture is piled up along a wall. (Sorry about that, Joe.)

» Learn from your mistakes — you never know when you'll get the reno bug again.

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# Décor marries reno and existing space

Don't forget to spruce up 'old' sections of house

**Y**ou can try to fool yourself about this one, but you won't fool anybody else.

We've seen the unfortunate end result of spending money on a lovely addition while leaving the old, cruddy part of the house as it always was.

Don't do it! We know that the marriage of old lived-in space and shiny new renovation doesn't work.

Be realistic in the planning stage of your renovation — you'll need to budget for bringing the whole house up to a reasonable level of "newness." Many people who renovate are trying to save money, and actively avoid thinking about up-



## ARRESTING DESIGN

JEFFREY FISHER & TAMMY SCHNURR  
busted@arrestingdesign.com

dating the "old" part. (It's called sticking your head in the sand.)

But believe us, you'll end up shelling out cash to fix it up sooner or later, and it

will probably be sooner, because you can't stand to look at that glaring discrepancy any longer.

It will bug you every single day you live in that house — it would certainly drive us loco.

Luckily, there are some

decor basics in minimizing that divide, and in making the house with a new addition look more unified. And the cost factor may be much lower than you think.

The first thing is to choose paint colour for the whole house — it must work together.

Depending on the size of your reno, you can decide on the same colour for both the new section and the older one, or you can choose a complimentary colour that looks good with all the other tones in the house.

Don't just paint the new section your favourite colour, and expect it to look good with the existing house. It won't

Trim is also important—baseboards, trim around windows and trim in any other place should be consistent. If you have wood trim in the old part, you will find that matching that trim is sometimes dif-

ficult, and wood nowadays is expensive. If you are doing a large reno,

you may find that it is actually cheaper to rip out the old trimwork (ouch!), and replace it with the same painted MDF trim throughout the house.

Another consideration is flooring. If your reno combines old and new space in the same room, you will need to put in new flooring for the whole space.

If the addition is a separate room separated from the old space, you can get away with a change of flooring (such as tile up against wood), as long as it is complimentary, both in color and in mood.

Remember that a well-used wood floor will look strange up against a high-gloss marble tile, for example. Keep the feel of the whole house similar.



Post-reno, you'll want to ensure décor in the existing portion of your house doesn't clash with the new space. Paint colours, for example, must work for the whole house; paint chips by Farrow & Ball.

ferent to that in the older part of the house.

Strive to bring the old and new together in terms of style, mood and colour.

After all, if the discrepancy between old and new is the most visible thing about your house, your beautiful new space won't shine the way it should.

Tammy Schnurr and Jeffrey Fisher are hosts of Arresting Design on W Network. Tammy is an interior decorator. Jeffrey designs home furnishings and bedding through his company Jeffrey Fisher Home.

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Go green in your bathroom with these bamboo accessories. Items range in price from \$9.97-\$29.97, and are available at Walmart stores across Canada ([www.walmart.ca](http://www.walmart.ca)).

METRO NEWS SERVICES

# Reno mania consumes DIY-ers

**Big box stores offer workshops**

By RICK McGINNIS  
for Metro Ottawa

**T**he giddy rise of house prices has made bricks and mortar real estate the surest investment most of us will make in our lifetimes, with the result that maintaining and upgrading our investment has become an international obsession. It's a phenomenon that's made hunky contractor Mike Holmes a star, and has filled primetime with countless reality DIY shows from Britain, the U.S. and Canada, all of which have turned home-owning into a continuing domestic drama more compelling than the cooking of meals or the raising of kids — the activities that once seemed to occupy centre stage in our homes.

What we've learned from

these shows is that the resale value of our home can be increased with an updating of our bathroom fixtures or an upscale backsplash behind the kitchen counter, while building a nagging anxiety that, hidden behind the plaster and drywall lurks a fiscal liability that could devalue our investment, a fear that becomes livid with the odour of mould in the basement, or with the dreaded words "knob and tube wiring."

While watching the heroic endeavours of Holmes, the high-camp makeover extravagance of Colin and Justin or the bleak comedy of Disaster DIY on HGTV, the knowing homeowner can't help but keep a running tally of what they're seeing, marvelling that every new circuit breaker panel or expanse of glass bathroom tiling would cost at least a week's wages. To that end, we're encouraged to try and save money



PAUL RABOLIN/PHOTOOMAGES

We're encouraged to try and save money by renovating our homes ourselves, our writer says.

and do it ourselves, with the proviso that, if we screw it up, we'd might as well have blown that money at the racetrack and hope that the avocado green bathroom will go from tacky to retro by the time we decide to sell up and move.

The biggest beneficiaries of the home reno mania have been big box stores such as Home Depot, Lowe's and Rona, and that boutique clubhouse for the house-proud obsessive, Lee Valley. They've made fortunes accessorizing our nesting, and have turned the hardware store from a storefront that

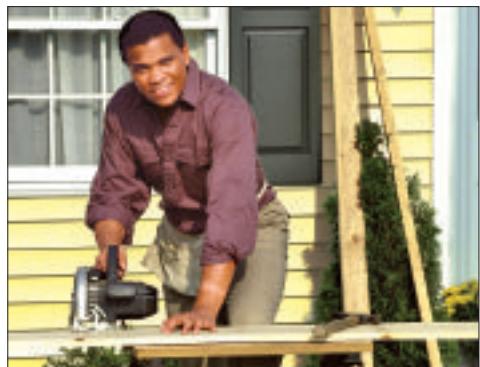
smelled of paint and motor oil into vast warehouses, up to 120,000 square feet of drywall tape, flexible conduit and faucet sets that can strike the novice dumb with confusion.

They've also seen the need to teach us how to do all this stuff, right down to the basics of handing our brand new gear. ("Saving Time & Money Using Cordless Power Tool Combo Kits" is the name of a one-hour course Home Depot offers.) The workshops, seminars and clinics the DIY behemoths offer range from bluntly prescriptive ("Fence Building," "Deck and Fence

Finishing" and "Laminate Floor Installation" are just three of the no-nonsense clinics Rona offers) to self-affirming (Home Depot's optimistic "You Can Install A Toilet" and "You Can Use A Mitre Saw to Build Frames") to the esoteric, and even academic (Lee Valley's seminars on "Design and Visualization" and "Women And Power Tools").

Browsing the how-to offerings on the websites of the home reno stores, it becomes clear that, if only for liability's sake, none of them want to encourage us to aspire beyond a certain level of home

reno competency. You might become a dab hand at drywalling or shingling one day, or aspire to replacing the plumbing fixtures in your kitchen and bathroom, but there are some jobs best left to professionals like plumbers and electricians, and the judgment of city inspectors. The pride and savings you might cherish at the end of a DIY endeavour is likely to wither away in the rosy glow of an electrical fire as it consumes the new addition you built to showcase your Star Wars memorabilia and add five grand to the resale value of your bungalow.



## Cutting corners can be dangerous

**Some reno work best left to pros**

You might think that doing that home renovation project yourself is the way to go: You'll certainly save cash, and after all, it doesn't look that hard, does it?

But there are dangers to cutting corners, says Warren Kuchta, national installation merchant at Home Depot. Your job may be harder than it looks, and if you don't have the time, knowledge or experience needed to properly

renovate, you could be costing yourself more money and time in the long run.

"You might think it's all really easy, but if you really want it to look right, you have to have done it a lot before," he says.

Among the most common projects people do themselves — and often poorly — Kuchta says, are floors, kitchen renovations, plumbing and electricity, particularly dangerous work for those who don't have a firm grasp of what to do. He adds

« *It's not only about whether it's easy to do, it's about whether you have the time to do it.* »

Warren Kuchta  
of Home Depot

there's also a legal issue: Unless you're in the business, you probably won't know how to draft and submit plans in order to obtain building permits.

Beyond the logistics of DIY, hiring someone in the know frees you up to enjoy your

summer, Kuchta says, and not spend it working on a project you won't enjoy in the peak season.

"It's not only about whether or not it's easy to do, it's about whether or not you have the time to do it. What is your time worth? Is it worth hiring somebody who you know is going to do it right no matter what and you're going to be satisfied so you can enjoy it sooner, or are you really going to struggle with it for the next few months?"

METRO NEWS SERVICES

### building permits

If you're adding or altering your home in a major way, chances are you're going to need a building permit — a legal document that grants you permission to begin your project. To obtain one, you'll have to make sure your work complies with local community safety standards and building codes. If you go ahead without one, you could be denied insurance coverage, face higher permit or repair fees, or even be ordered to undo your work.

Now that you're nice and discouraged — here are some home renos you

can do that don't require a permit, according to Homebase.ca:

- » Replacement of stucco, siding or shingles with the same material used before
- » Replacing doors, so long as the opening isn't altered
- » Replacing an open landing and/or stairs
- » Building fences
- » Painting, patching, decorative
- » Installing a cabinet or a shelf

Check with your local permits office for details on what you can and cannot do.

METRO NEWS SERVICES



THIS FRIDAY'S JACKPOT IS

**\$27,000,000**

PLAY AS A GROUP FOR MORE CHANCES TO WIN.



## Lottery Group Play Form

Estimated Jackpot  
\$        Million

Draw Date: \_\_\_\_\_

NAME	NUMBERS OR QUICK PICK	SIGNATURE	PHONE	\$	PAID
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Revised 01/05/2004



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*Escape to Adventure*  
with the  
East Coast Sailing Contest

Have you ever dreamed of going to sea on a tall ship sailing expedition? Departing the bustling seaport city of Halifax, the lucky winner and their guest will board the Tall Ship Caledonia for a 7 day adventure along the stunning Nova Scotia coastline. Explore white sand beaches and historic seaports, such as Lunenburg and Mahone Bay — all from the newest cruise operator in Canada, Canadian Sailing Expeditions, where luxurious hospitality and fine cuisine await. It's a total prize package valued at \$10,000.

Each day, until June 4th, look for one of these icons among the pages of Metro. Then log on to [experiencehalifax.com/metro](http://experiencehalifax.com/metro) and tell us which one you saw for your chance to win. Once you have entered the contest check out the terrific line up of festivals taking place this season in Atlantic Canada's Entertainment Capital — Halifax!

Log on to  
[experiencehalifax.com/metro](http://experiencehalifax.com/metro)  
for your chance to win.

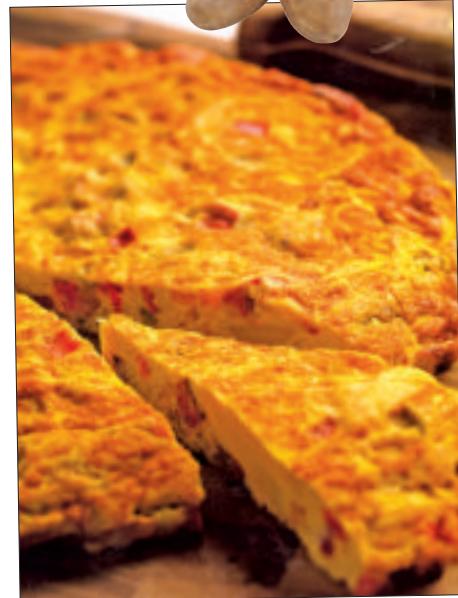


# food

A diet rich in the omega-3 fatty acid DHA (found in omega-3 enriched eggs, seafood and fish) has been found to significantly reduce the risk of dementia and Alzheimer's disease.

CBC NEWS ONLINE

## Tortilla Española (Spanish potato omelette)



A timeless classic, the Spanish potato omelette can be cut into wedges for brunch or small squares for an appetizer and served with spicy salsa. This recipe is adapted from the Culinary Institute of America's Spain and the World Table.

**INGREDIENTS:**

8 Yukon Gold potatoes, peeled and sliced 1/8-inch thick (about 2 lbs/900 g)  
1-3/4 tsp salt, divided  
1/2 cup + 2 tbsp olive oil, divided  
1 cup chopped yellow onions  
1/3 cup chopped red bell peppers  
1/3 cup chopped green bell peppers  
1-1/2 cups prosciutto, diced (125 g package)  
10 large eggs

**METHOD:**

Toss potatoes with 1 teaspoon salt in large bowl. Heat 1/2 cup olive oil in large, non-stick frying pan over medium heat. Add potatoes. Cook, stirring occasionally, until potatoes soften but don't brown, about 5 minutes. Add onions, peppers and prosciutto. Cook 10 minutes until potatoes are tender and ingredients well blended. Transfer to colander placed over bowl and drain off liquid. Clean pan. In large bowl, beat eggs. Stir in potato mixture and add 3/4 teaspoon salt. Return pan to medium heat. Add 2 tablespoons olive oil; pour in egg mixture when oil is very hot. Tilt pan so eggs evenly cover bottom. Reduce heat to low. Cook, shaking pan once or twice, until omelette has set, about 10 minutes. Cover pan with large plate. Invert so omelette is cooked side up on plate. Slide back into pan and cook other side until

lightly browned, about 5 minutes. Slide omelette onto plate. Cool to room temperature before slicing. Makes about 8 servings.

COURTESY OF TORSTAR NEWS SERVICE

## metro TOP 5IVE

### Foods to impress your girlfriend:

1. Cheesecake, below, garnished with a chick-flick
2. A crisp white wine with raspberries in her glass
3. Breakfast in bed
4. Pan-seared salmon marinated in white wine and herb sauce (available at the deli in your grocery store)
5. Berry pie (fresh berries and a little blueberry pie filling in a graham cracker shell, top with real whipped cream).

— Douglas Dunlop  
/for Metro Ottawa



## Jillian just loves a big bird

meteorologist a fan of her dad's holiday cooking

Jillian Barberie Reynolds is the FOX Network News Meteorologist and an actress. Jillian is a native of Burlington, Ontario. Jillian appeared as the character Foxey Levin, opposite Pamela Anderson in the TV series VIP. Jillian put her passion for figure skating to good use on the reality show *Skating with Celebrities*.

**Q** What is your fondest memory from your family kitchen?

**A** My Dad (Big Jim's) holiday cooking. Big bird, mashed potatoes — the whole nine yards!

**Q** What kitchen aromas bring back fond memories?

**A** The delicious aroma of turkey and potato

toes.

**Q** Who is your favourite cook?



**A** Giada De Laurentiis (host of Food Network's *Everyday Italian*) is second to my husband!

**Q** What is your favourite food to cook?

**A** I'm new to the cooking game. I watch the Food Network and copy their recipes.

**Q** Do you use cook books?

**A** Yes. The chefs that come on our show give out cookbooks as gifts. I really like Gordon Ramsay's *3 Star Chef*.

**Q** How did the first meal you prepared turn out?

**A** Yuk! But I'm a good student.

## CELEB KITCHENS MARCY CORNBLUM [entertainment@metronews.ca](mailto:entertainment@metronews.ca)

**Q** What kitchen gadget can you not live without?

**A** My husband when he cooks.

**Q** What traditions from your background involving food do you partake in?

**A** I'm a great eater, always have been. No traditions, I'm just a good eater.

**Q** Is there a cultural dish that you prepare that ties into a holiday?

**A** I always make a big dinner on Canada Day.

Marcy Cornblum is a freelance journalist. After 25 years of celebrity-filled adventures, she is using her experiences to enlighten others in understanding the media. Reach her at [mediasavvy@pathcom.com](mailto:mediasavvy@pathcom.com).

# GOING OUT OF BUSINESS SALE

THE BIGGEST WAREHOUSE EVENT OF THE YEAR IN OTTAWA

THURSDAY, MAY 22 to SUNDAY, JUNE 1

Over 10,000,000 Dollars of Inventory! You Will Not See These Crazy Prices Again!

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LOREAL	ALFRED SUNG	HUGO BOSS	JESSICA SIMPSON
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JOHNSON & JOHNSON  
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BLOWOUT SALE

**10 DAYS ONLY!**

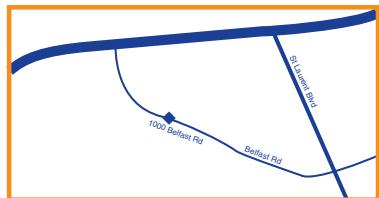
WHERE: 1000 BELFAST RD

NEAREST INTERSECTION  
BELFAST ST AND ST LAURENT BLVD  
FREE PARKING FREE ADMISSION

WHEN: THURSDAY, MAY 22 - SUNDAY, JUNE 1

HOURS: MON-THURS.  
FRIDAY  
SATURDAY  
SUNDAY

11 am - 7 pm  
11 am - 8 pm  
10 am - 6 pm  
11 am - 5 pm



GOING OUT OF BUSINESS SALE

# entertainment



Actress Gwyneth Paltrow, left, has revealed she is the new face of luxury brand Tod's.

PEOPLE.COM

## music videos

### Hedley up for 6 MuchMusic awards



**PRIZE** Canadian rockers Hedley have been nominated for six MuchMusic Video Awards, organizers announced yesterday.

Following closely are Belly and illScarlett with five nods each. The 2008 MuchMusic Video Awards are set to air live on the cable station June 15. Other Canadian acts City and Colour, Feist, Sam Roberts and Simple Plan also received multiple nominations. International acts up for awards include Fall Out Boy, Flo Rida, Kanye West and Rihanna.

METRO NEWS SERVICES

**SARAH SLEAN**  
with  
**ROYAL WOOD**

*The Books & Ballgowns Tour*

**TONIGHT**  
**THURSDAY MAY 22**  
**BRONSON CENTRE (211 BRONSON AVE.)**  
TICKETS AT END HITS, LIVENATION.COM AND  
ALL *ticketmaster* OUTLETS

ALL AGES

ALL DATES, ACTS & TICKET PRICES SUBJECT  
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LIVE NATION

time.

It's a welcomed reunion and from its opening scenes, it's clear that *Indiana Jones And The Kingdom Of The Crystal Skull* is equal parts homage to the beloved series and progression of the archaeologist's perennially-exciting story.

In this installment, an evil corps of Russians is hunting down the mysterious and powerful crystal skull, an ancient Mayan relic said to pre-date the Egyptian pyramids.

Jones (Harrison Ford), accompanied by a misfit named Mutt Williams (an impressive performance by *Transformers*' Shia LaBeouf), sets out on a journey to find the skull and figure out the secrets behind its alleged powers before the Soviets net the treasure and possibly gain an upper hand in the rag-



Harrison Ford and Cate Blanchett in a scene from *Indiana Jones And The Kingdom Of The Crystal Skull*.

ing Cold War.

Along the way Jones reunites with Marion Ravenwood (*Raiders Of The Lost Ark*'s Karen Allen) and joins forces with a host of characters including his treasure-hunting partner Mac (Ray Winstone).

And that's about all that can be said about the plot of the new *Indiana Jones* flick without giving away

key details — but it should be noted that this storyline has more twists than Indy's whip, making for a fun ride from start to finish.

Director Steven Spielberg and writer-producer George Lucas have indeed brought Dr. Jones back in style. The action sequences come fast and furious and Indy is still up to the task — at 65, Ford still makes a be-

lievable, appropriately weathered, swashbuckler — while screenwriter David Koepp (*War Of The Worlds*) adds ample references to the passing of time since we last saw our hero ride off into the sunset at the finale of *Indiana Jones And The Last Crusade*.

That's a key reason why this series has worked so well and still resonates with audiences. *Indiana Jones* is a vulnerable hero. He ages and shows it, he makes mistakes and has his vulnerabilities — namely a fear of snakes, his love for Marion and a desire for altruism over greed.

While the dialogue plods at times and a few scenes are more than a little far-fetched, *The Kingdom Of The Crystal Skull* is pure summertime blockbuster joy.

## Cook rocks to American Idol crown

By **SANDY CAETANO**  
for Metro Ottawa

David Cook, the rocker and former bartender from Blue Springs, Mo., was crowned this season's champion during last night's star-studded two-hour finale of *American Idol*.

It was a surprise the all-American boy next door, David Archuleta 17, wasn't the one to win since all the girls seemed to have gone crazy for him. But he lost to

his fellow competitor by a difference of 12 million votes. It was the highest number of votes ever in *American Idol* history, after 97.5 million votes were cast for the final two, smashing the record by more than 23 million.

Last night's finale featured the return of the Top 12, including Cook and Archuleta, who opened the show with a group number followed by another performance of Chad Kroeger's *Hero* by the

final two.

Promoting the film *The Love Guru* and offering advice to Cook and Archuleta was Guru Pitka, also known as Emmy Award-winning Canadian actor Mike Myers.

Among the performers were Seal, Donna Summer, who sang her new single *Stamp Your Feet*, Canadian singer-songwriter Bryan Adams, ZZ Top, Graham Nash, The Jonas Brothers and One Republic. George Michael even made an ap-

pearance.

Jordin Sparks, last season's *American Idol* winner, and Carrie Underwood also made appearances.

"For the first time ever I don't really care who wins," said Cowell, commenting on how great both the final competitors are.

"I started this season ... as the word nerd, and I'm very much at a loss for words," said Cook after the results were read, before singing his new single *Time Of My Life*.

**GWEN STEFANI**

**105.3 KISS FM**  
Today's Best Music

ROGERS





Actress Scarlett Johansson, left, has denied she snubbed the premiere of Woody Allen's latest movie *Vicky Cristina Barcelona* because movie bosses refused to cater to her diva demands. She was absent because of unavoidable "scheduling conflicts," her rep said.

IMDB.COM

# Get Body Shop best-sellers for less

Prices Lowered at Body Shop

STARTING THIS week, The Body Shop is establishing pricing parity with the US on some of its top-selling products. This is fab news for the many fans of this eco-friendly line of dreamy lotions and potions, known for a longtime commitment to fair trade with developing nations.

Hundreds of the chain's already accessibly priced items, including favourites such as Coconut Body Butter, Vitamin E Eye Cream and the Tea Tree Oil Face Wash, will now be marked with a Canadian flag symbol throughout the store, so customers can easily identify their savings.

Bonus: shoppers who

**FRUGAL FASHIONISTA**  
NATHALIE-ROZE FISCHER  
nrfrugalista@rogers.com

sign up for The Body Shop Love Your Body program will score an additional 10 per cent off these lowered prices. Visit [www.thebodyshop.ca](http://www.thebodyshop.ca).

## Old Navy Deals

GOT TO love the sale racks at Old Navy. Where else can a frugalista enjoy the thrill of leaving with a full bag of goodies for under \$50? Right now, check out

the wedge-heeled espadrille sandals with strappy ankle ties in stretchy jersey (just \$25, reg. \$40), over-sized clutches with chunky wooded closures (now \$4.99, reg. \$28), plus all kinds of pretty summer tops and frocks going for \$7 to \$19 a piece.

Make sure to comb the racks in the maternity section too, where all kinds of curve-friendly options abound for under \$40.

## Ottawa's First Fashion Week

FINALLY OTTAWA'S got its own fashion week happening, and it should be a cool kickstart with over 30 participants showcasing their

designs, including local independent designers as well as creatives from Toronto, Edmonton and even the UK. Runway shows and style-related events are scheduled for this evening through to Saturday (May 24) at the Arts Court. For details on what's planned, visit [www.ottawafashion-week.ca](http://www.ottawafashion-week.ca).

## Sewing Classes at Workshop Boutique

WANT TO learn how to make your own eco-friendly tote bag? Then sign up for Workshop's Sewing Basics course, which starts on Monday June 2nd from 6-9pm at their cute shop/studio in The Market (242



The Body Shop favourites like Coconut Body Butter, Vitamin E Eye Cream and Tea Tree Oil Fash Wash are now priced at parity with US products.

**primetime**

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	196	311	7	CTV	So You Think You Can Dance (Season Premiere) (N)			Grey's Anatomy "Freedom" (N)		News (N)		
	208	303	8	CBC	Just-Gags	NHL Hockey: Eastern Conference Final Game 7 – Flyers at Penguins		CBC News: The National	The Hour			
	-	360	9	NBC	Wheel-Fortune	Jeopardy! (N)	Deal or No Deal (N)	Last Comic Standing (N)	News (N)			
	-	11	9	Avec Albert	Catherine (SC)	Un vrai cinglé du cinéma (1956, Comédie)	Héros "Double jeu" (HDTV)	Le TVA 22 heures (N) (SC)	Sucré-salé			
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	214	344	15	CITY	Friends	Hollywood	Ugly Betty "Jump" (N)	The Bachelorette (Season Premiere) (N)	News (N)			
	115	345	16	CFMT	Two/Half Men	The Simpsons	News (N)	Vivere II	News (N)	The Simpsons	King of the Hill	Metropia
	218	345	18	CH	The Insider (N)	E! News	Cash Queens of Music	Scream Queens: Women of Horror: True Story	News (N)			
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	-	365	36	FOX	TMZ (N)	Seinfeld	So You Think You Can Dance (Season Premiere) (N)	Grandes reportages (SC)	News (N)	News		
	-	-	64	PBS	Business Rpt.	Equitrekking	Yes, Minister	Time Goes By	Monarch of the Glen	Poldark	Tavis Smiley	
	205	312	104	CTV	So You Think You Can Dance (Season Premiere) (N)			Grey's Anatomy "Freedom" (N)		News (N)		
	502	394	26	NW	News (N)	Newman	The Hour	CBC News: The National		National		
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	406	417	27	net	CHL Hockey MasterCard Memorial Cup Tiebreaker – Teams TBA	From Kitchener, Ont. (Live)	Le Téléjournal (SC)	Sportsnet Connected (Live)		Sportsnet Con.		
	126	730	28	RDI	Dominique Polier en direct	Grands reportages (SC)	Le Téléjournal (SC)	Le Club des ex	Le National	Le Téléjournal		
	400	280	30	TSN	That's Hockey	Mike Tyson's Greatest Hits	NBA Basketball	Eastern Conference Final Game 2 – Teams TBA		SportsCentre		
	411	457	56	SCR	Score Update	Score Update	Score Update	Score Tonight				
	417	406	59	SC	NASCAR Racing Sprint Cup -- Coca-Cola 600 Qualifying (HDTV) (Live)	Exploration	Everest: Man	Mark Williams' Big Bangs (N)	Don't Forget Your Passport	The Spin		
	554	544	48	TEL	George-Jungle	Road Runner	Robot Chicken	Robot Chicken	Robot Chicken	Robot Chicken	Tripping-Rift	
	557	540	51	FAM	That's-Raven	Smart Guy	Zack & Cody	Naturally Sadie	Nan. Montana	Ned's School	Cory in House	The Suite Life
	551	541	65	YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Mon. Warriors	Shadow Raider	Falcon Beach	Mystery Hnt.	
	570	580	29	MM	mmtop	Back In	Johnny Cash Live	Popaganda	Uncovered	Back In	Listed	
	615	520	31	A&E	CSI: Miami "Breathless"	The First 48 "Memphis"	The First 48 (HDTV)	Crime 360 (HDTV) (N)		The First 48		
	628	584	32	SPKE	CSI: Crime Scene Invstgtn.	CSI: Crime Scene Invstgtn.	TNA IMPACT! (N)			Ult. Fighter		
	521	564	34	TLC	Rides "Thump" (HDTV)	Overhaulin' (HDTV) (N)	American Chopper	Miami Ink (HDTV) (N)		Amer. Chopper		
	145	761	35	TV5	Toute une histoire	Complément d'enquête	Les Sauveteurs de l'extrême	Design		Journal TV5		
	616	521	39	SHO	ReGenesis (HDTV)	Intelligence (DVS)	G-Spot	Eves & Ohs	The Shield "Exiled"	House		
	620	523	40	BVO	From the Spirit	In the Mind ...	Mary Reilly ** (1996, Drama) Julia Roberts.			Bravnews		
	600	564	49	H&G	Daily Planet (N)	Animal Face-Off	Colossal squid; sperm whale.	MythBusters		Law & Order		
	627	583	43	CMT	(6) Ultimate Love Songs	Living, Dream	Reba	Hope & Faith		Daily Planet		
	601	562	45	SLC	Women on Top	Til Debt-Part	Rich Bride, Poor Bride	Last 10	Bulging Brides	Holmes-Homes		
	625	548	46	COM	Air Force	22 Minutes	Laughs	Rick Mercer	The Simpsons	Handyman Superstar		
	294	529	47	TBS	MLB Baseball	New York Mets at Atlanta Braves. (HDTV) (Live)	ET Canada	What Happen?	Seinfeld	Holmes-Homes		
	600	564	49	H&G	House Hunters	Buy Me	Holmes on Homes (N)	Disaster DIY	The Big Flip	Night Stalker		
	627	528	50	SPC	Stargate SG-1 "Sentinel"	Star Trek: Voyager	Star Trek: Next Gener.	Home Improve.	Roseanne	Stargate SG-1		
	581	566	53	MTV	MTV Screen	MTV Peaks '08	4REAL	Parent Control	The Real World	Made "Ballroom Dancer"	MTV Live	
	618	524	54	TROP	Inside Hollywood	ET Canada	What Happen?	Family Guy	Seinfeld	Frasier	Family Guy	
	522	506	55	HIS	NCIS "The Immortals"	Total War	Total War	NCIS "The Immortals"	Escrocs	Rich Poor	Surveillance	
	129	773	60	CD	Biographies "Guy Georges"	Parco déte	Les Arna	Dossiers FBI		Emily-Moon		
	261	394	61	V	Murder, She Wrote	May-December	Keeping Up	The Solid Gold Cadillac *** (1956, Comedy)				
	602	567	62	W	Will & Grace	Divine Design	House	Confidential	Save Us-House	Wasted!	Save Us-House	
	269	350	70	APTN	Raven Tales	Wapost Bay	Canadian Geographic	Reel Insights Troubled youth.	The Mix	Cowboy C'try	Surveillance	
	621	527	71	TLK	Lucky	Hollywood	TMZ (N)	eTalk	American Idol Extra (N)	The Tonight Show Jay Leno	Emily-Moon	
	603	561	95	FN	Boy Grill	Licence to Grill	Restaurant Makeover	Unwrapped	Unwrapped	Secret Life of	Secret Life of	

## critics' corner

### movies

**Spike rips Coens at Cannes film fest**

**You Think You Can Dance** "American Idol" is over for another season, but if you like star-making competitions, its dance counterpart is back for another season. Like "Idol," it starts out presenting the highlights and lowlights from auditions around the country, so if you enjoy watching the cluelessly untalented make fools of themselves on national television, now's the time to watch. Cat Deane returns as host.

8 PM on 7 CTV 104 CTV;

8 PM on 36 FOX

**DIRECTORS** Spike Lee is in

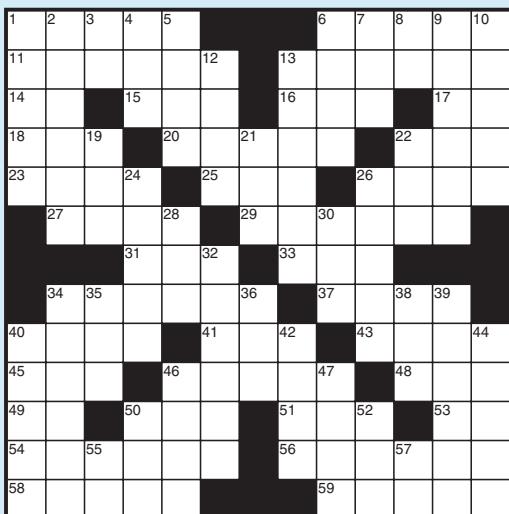
Cannes to promote a new film, but he couldn't resist taking a few swipes at some fellow directors, including Joel and Ethan Coen. Speaking about his World War II drama *Miracle* at St. Anna, Lee said that, unlike the Coens, he was respectful in the way he portrayed death.

"I always treat life and death with respect, but most people don't," Lee said. "Look, I love the Coen brothers; we all studied at NYU. But they treat life like a joke."

REUTERS

**Ugly Betty** Henry, your timing needs work. In the season finale, Betty (America Ferrera) gets a romantic offer from Gio (Freddy Rodriguez) and a visit from Henry (Christopher Gorham), who has his own proposition for her. Wilhelmina (Vanessa Williams) tries to strike out supermodel Naomi Campbell (guest starring as herself) at a softball game between Mode and Elle. Real-life Elle editors Joe Zee and Robbie Myers also guest star in "Jump." 8 PM on 20 ABC 15 CITY

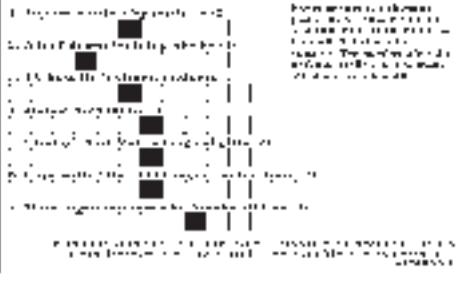
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**across**»

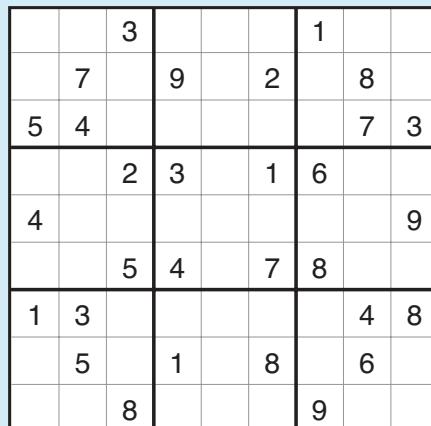
1 Seizes unscrupulously	23 Coup d'—	45 Son of Val and Aleta
6 Water lily	25 Neon or nitrogen	46 Delicious
11 Slot-machine fruits	26 Length x width	48 Utmost degree
13 Golfer — Ochoa	27 Tennyson heroine	49 Doubtful answer
14 Midwestern st.	29 Chaired	50 Media mogul —
15 Good buddy	31 Aunt, in Madrid	Turner
16 Back when	33 Any woman	51 Common contraction
17 Safety-testing org.	34 Tidily	53 Egyptian god
18 Bit of paint	37 Church alcove	54 Butterflies-to-be
20 Cuddly pet	40 Satellite	56 Money handler
22 Dangerous curve	41 London lav	58 Spring melt
	43 Winery casks	59 Hit the hay

**down**»

1 Dance move	30 Cry of discovery
2 Sympathize	32 Mention casually
3 Kind of radio	34 Like always
4 Strut along	35 Many millennia
5 Cracke	36 — Kippur
6 Sluggish	38 Heat source
7 Galleon cargo	39 Salad follower
8 "Tao — Ching"	40 Heavy hammers
9 Just bought	42 Neglect
10 Tex-Mex dip	44 Keen
12 Phony coin	46 Uh-huh
13 Memory glitches	47 First name in
19 Censor	fashion
21 Cry of disdain	50 HBO receivers
22 Before, in verse	52 Pipe fitting
24 Magnate	55 Element 44
26 Skilled person	57 — Havre
28 Telegraph signal	

**WORDY GURDY****previous answer**

B	O	R	E	M	E	W	G	I	L	D
U	N	I	X	O	L	E	O	B	I	E
M	U	C	H	D	I	S	W	I	N	S
S	H	A	R	E	S	I	N	S	E	T
V	A	L	L	U	D	E	A	B	O	B
I	C	E	D	N	E	A	I	D	A	A
M	E	A	B	O	K	A	N	D	E	S
S	T	O	R	E	B	O	O	T	Y	
E	R	G	O	L	A	S	Y	E	A	R
L	I	E	D	A	L	E	E	R	N	E
F	O	E	S	W	I	N	D	I	G	S

**instructions**»

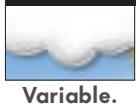
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

**solve time**»

Under 13 minutes	Genius
13-17 minutes	Scholar
17-21	Smart
21-25	Pretty good
More than 25	Keep practising

**previous answer**

1	4	5	9	8	3	6	2	7
3	9	8	2	6	7	5	4	1
2	6	7	4	1	5	9	3	8
9	3	4	8	5	2	1	7	6
7	1	6	3	9	4	8	5	2
5	8	2	6	7	1	3	9	4
8	7	3	1	2	9	4	6	5
6	5	9	7	4	8	2	1	3
4	2	1	5	3	6	7	8	9

**Ottawa weather****Afternoon****Tonight****Friday****Saturday****The Weather Network****Sunday****Temperature****Normals**

High: 21.1°

Low: 9.1°

Records

High: 31.1°/1977

Low: 1.7°/1967

Sunrise: 5:25 a.m.

Sunset: 8:34 p.m.

Moonset: 6:41 a.m.

Moonrise: 11:29 p.m.

TWN incorporates MSC data

**May 22, 1992:** After 30 years, 66-year-old Johnny Carson hosts The Tonight Show for the last time.

**May 22, 1990:** The Windows 3.0 operating system is released by Microsoft.

**May 22, 1960:** An earthquake measuring 9.5 on the moment magnitude scale, now known as the Great Chilean Earthquake, hits southern Chile. It is the most powerful earthquake ever recorded.

Metro News Services



Get the most out of the season.

Go to the Bug Report at [theweathernetwork.com](http://theweathernetwork.com)**HOROSCOPE****ARIES** | March 21-April 20

A stunning defeat will sadden a loser. A woman will tell a lie for good reasons. You need to recuperate from a risky deed.

**TAURUS** | April 21-May 21

Be calm with a brash admirer. Dealing with roadwork becomes vexing. Be discreet with a money-making scheme.

**GEMINI** | May 22-June 21

Making progress will ease your stress. An unexpected sight has you in a tizzy. Help someone out of a financial bind.

**CANCER** | June 22-July 22

Watch out for wonderful opportunities. Poor conduct will be laughed off. Friends will force you to reassess your life.

**LEO** | July 23-Aug. 23

Change your mind about making demands. Avoid a confrontation with a bore. A sensational find will cause some healing.

**VIRGO** | Aug. 24-Sept. 22

An authority figure wants to help out. A new path will alter your love life. Step in to rescue difficult people.

**LIBRA** | Sep. 23-Oct. 23

Anxiety about a miserable situation will subside. An important person's power will be decreased. Physical discomfort can be relieved.

**SCORPIO** | Oct. 24-Nov. 22

Reconciliation between workers takes place. You'll be able to endure tremendous emotions. An aversion is clear to everyone.

**SAGITTARIUS** | Nov. 23-Dec. 21

A profound meaning will be found. Someone will fail to agree with you. Simply ignore an unsophisticated comment.

**CAPRICORN** | Dec. 22-Jan. 20

A wimpy male has an exciting tale. Understanding will free you from a promise. A lover gets a lesson in emotions.

**AQUARIUS** | Jan. 21-Feb. 18

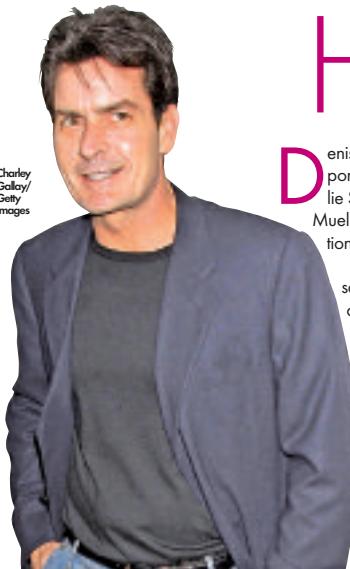
An idea will bring out the best in a male. Freedom is declared by a former coward. Avoid impulsively casting blame.

**PISCES** | Feb. 19-Mar. 20

Don't demand agreement from strangers. Being helpful will lead to news. A marriage is followed by a strange reaction.

AVATAR VENUS

# celebritybuzz

Charley  
Gallop/  
Getty Images

## He said She said

**D**enise Richards says an e-mail purported to be from her to ex Charlie Sheen's now-fiancee Brooke Mueller asking for his sperm donation is "not legitimate."

"It's a doctored e-mail," she said on the Today show yesterday when asked about the e-mail, which came to light during her divorce battle with Sheen. "I would never send an e-mail to (Mueller), and, at the time of that e-mail, I was with (Richie Sambora). If I wanted anybody's sperm, I'd have asked for Richie's," she said. Sheen said in a statement to Today

that Richards' claims are "absurd."

"The mere fact she continues to publicly discuss and harass both Brooke and me three years after our separation which, for the record, is longer than the actual length of the marriage, is beyond desperate and speaks volumes," he said. Sheen added: "I will no longer sit back and be egregiously painted as a liar. If any proof can be established that these are not in fact her words and statements verbatim, I openly invite her and would even encourage Ms. Richards to sue me in a court of law." On Tuesday, Richards also blamed the media for her breakup with Sambora, saying they suggested she came between the musician and his ex-wife, Heather Locklear. "They (Sambora and Locklear) were getting divorced; he and I were friends and it hap-

pened," Richards told Larry King. "And she had moved on. She was already involved with someone else at the time. It (the press coverage) affected, I think, the circumstances. It was very difficult to sustain a relationship. We were so slammed in the press ... but I did not split up their marriage."

**Metro  
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Services**

Mark Mainz/  
Getty Images

### Whitney cleared

A judge in Hawaii has dropped misdemeanour drug charges against Whitney Houston. According to imbd.com, the judge has dropped charges, which related to an incident in 2000 when she was suspected of possessing marijuana while going through a Hawaiian airport with ex-husband Bobby Brown. Houston's record label has said she's been free from illegal substances for three years now.

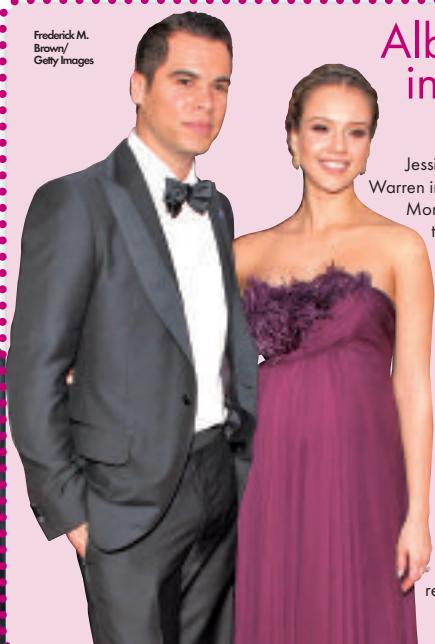
**Metro News Services**

Frederick M.  
Brown/  
Getty ImagesJana Birchum/  
Getty Images

### Is Billy Bob buggin'?

Billy Bob Thornton is at the centre of a bizarre new police report filed by his former sister-in-law, according to Tmz.com. Elysbeth Cherniak claims the actor has bugged her home and regularly sends her insulting e-mails. According to a LAPD report she filed, Thornton has been harassing Cherniak — the sister of the actor's fourth wife Pietra — for almost two years. A spokesman for the actor says, "Billy doesn't use e-mail and never has. Anyone who knows him would know that."

**Metro News Services**



### Alba cashes in, weds in secret

Jessica Alba married Cash Warren in a secret ceremony on Monday. The 27-year-old actress's representative Brad Cafarelli has confirmed to People.com a wedding took place, but no other details were made available. Alba is currently eight months pregnant with their first child. The Fantastic Four actress recently said of her relationship with Warren, who she met on the set of the 2005 superhero movie, "It wasn't lust, or 'this is my soul mate.' It was, 'Oh, I'm going to know you for the rest of my life.' It was easy."

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\*Contest closes May 30, 2008. Must be a resident of Ontario, over the age of 19 to enter. Limit one (1) entry per person, per day by text. Standard text messaging rates apply. Limit one (1) entry per person, per day via microsite. For full rules and entry details, visit [www.herbalessencespose.ca/rockstar](http://www.herbalessencespose.ca/rockstar). Odds of winning depend upon the number of eligible entries received. Mathematical skill testing question to be correctly answered to win. Three (3) prizes are available to be won with an approximate retail value of \$5,000 CDN each. No purchase necessary.

## Law takes issue with makeout shots

Jude Law has sparked rumours he is dating veteran rocker Rod Stewart's daughter Kimberly Stewart, after pictures of the pair enjoying a steamy clinch were published by a British tabloid newspaper. The actor was caught on camera cavorting with the 28-year-old model at a nightspot in Essex, England, on Saturday by revellers who snapped the pair in a passionate embrace.

The pictures, which were published by The Sun newspaper, show the pair passionately kissing in the club's VIP area. According to a source at the club, the 35-year-old was enraged to discover he had been photographed — allegedly ordering the club's secu-

rity personnel to erase the pictures from the reveller's digital camera. The source tells The Sun, "Two bodyguards then came over to us and snatched the camera out of my friend's hand. They passed the camera to Jude, who then looked through our photos."

Law has four children with ex-wife actress Sadie Frost, who he divorced in 2003. He was engaged to Sienna Miller before the pair split in 2006 amid rumours he had cheated with his children's nanny.

Metro News Services



Bryan Bedder/  
Getty Images

## Portman's sex regret

Natalie Portman regrets filming a naked sex scene. The actress said she has no problem with nudity in films, but wishes she had not stripped off for Wes Anderson's Hotel Chevalier after discovering her picture on porn sites. The star also felt the press focused too much on the scene, rather than the film itself.

She said: "I'm not prudish about nudity. I think it's beautiful in films, and sex is such a big part of life. But my picture ended up on porn sites, and that's the dilemma."

Hotel Chevalier is a short film which acts as a prologue to Anderson's feature film The Darjeeling Limited and also stars Jason Schwartzman.

Portman — who also played a stripper in 2004's Closer — had previously insisted she would never appear in a nude scene.



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## Video of wilder times?

Before she was lauded for her humanitarian work, Angelina Jolie was known as the wild child of Hollywood.

Now, according to InTouch weekly, a video showing the actress in a drug den has surfaced. In the video, Angelina allegedly smokes, babbles about S&M sex and killing her pet animals while a woman smokes an unknown substance next to her.

Jolie has publicly admitted to her drug past before, having said, "I've done coke, heroin, ecstasy, LSD, everything. I gave them up long ago."

According to the U.K.'s Sun newspaper, she was apparently a regular at the drug den in New York's once infamous Chelsea Hotel, and a fellow regular said,

"Even back then I remember her talking about how she'd adopt a huge family from around the world."

Metro News Services



Frazier  
Harrison/  
Getty Images

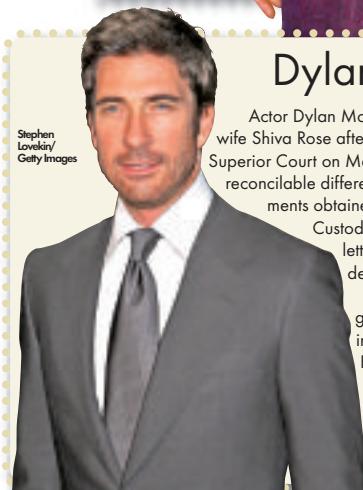
## Dylan divorcing

Actor Dylan McDermott filed for divorce from wife Shiva Rose after 12 years of marriage in L.A. Superior Court on May 16. McDermott, 46, cited irreconcilable differences, according to court documents obtained by Usmagazine.com.

Custody of their two daughters, Collette, 12, and Charlotte, 2, will be decided at a later date.

In 2001, McDermott gushed to Diane Sawyer, "I was in love with (Shiva) right away. For her, it was a little longer, you know, a couple of years. But for me, it was right away. I guess it was grace."

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Stephen  
Lovekin/  
Getty Images



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